

Saturday Body Sculpting

Winter 2012

Designed to shape and tone the body without building muscular size or bulk.

Who: Monroe Residents—High School Students & Adults

Where: Monroe Community Center, Room 109

When: Saturday Mornings

Time: 10:30am-11:00am

Fee: \$20 — Make check payable to: Monroe Recreation



Class Dates

Register at the
Community Center

M/F 8AM—9PM
SAT/SUN 8AM—9PM

January 7, 14, 21, 28

February 4, 11, 18, 25

March 3, 10

Must have valid
Monroe Township
Community Center I.D.
to register

Any questions call (732) 723-5000 Lori Morell — Program Instructor

Saturday Body Sculpting Winter 2012

Name	
Address	
Phone	
Email	

COMMUNITY CENTER USE:						
Fees Collected	\$	Check #		Staff Initials		Date