

# Monroe Rec Cheer 2012

## General Information

### ***When does Rec Cheer start and end?***

Rec cheer will start the week of January 9<sup>th</sup>. Our last competition is scheduled for April 29<sup>th</sup>.

### ***How often is practice and what is the attendance policy?***

All teams will practice two days a week. Celebrity (our high school age team) practices one day a week. All teams will need to attend a choreography weekend to learn their routine. All athletes are expected to be at all practices.

### ***Where are practices held?***

Each team will practice twice a week. One night will be at the Monroe Community Center, the other night will be at a gym. Right now the gym we are looking to work with is JK Athletic Center in East Brunswick (off of Tices Lane behind the YMCA) JK Athletic Center is a gymnastics gym with a full floor and beginner – advanced level tumbling instructors. Please note: Celebrity (12<sup>th</sup> & under), and Little Stars (1<sup>st</sup> & under) will only practice at the Community Center.

### ***Will we be tumbling as a team this season?***

Yes, on our practice night at the gym, practice will be an hour of tumbling and an hour of practice. The girls really progress when tumbling as a team. They keep each other motivated.

### ***How old do you have to be to participate in rec cheer?***

We have teams to accommodate athletes in Kindergarten-12<sup>th</sup> grade.

### ***What is our competition schedule?***

Our competition is tentatively set as follows:

**Sunday, March 15, 2012 – ECC “The Return” – all teams except Celebrity**  
Brookdale Community College – Lincroft, NJ

**Sunday, April 15, 2012 – “Beast of the East” – All Teams**  
Wildwood Convention Center – Wildwood, NJ

**Sunday, April 29, 2012 – Cheer Tech Spring Festival**  
Asbury Park Convention Center – Asbury Park, NJ

### ***What are the fees for the season?***

\$100 Registration Fee due at time of registration. \$115 Competitions Fee due by February 1st. All checks payable to Friends of Rec. Competition fee will be less for Celebrity since they do not attend first competition.

### ***When are team placements and practice days announced?***

All team placements and schedules will be posted on our website by Wednesday, December 28<sup>th</sup>.

### ***How do we receive information from our coaches?***

Email and text messaging are our primary means of communication.

***Any questions, please feel free to email us:*** Kelly Lange [KellyLange1@gmail.com](mailto:KellyLange1@gmail.com)

**VISIT OUR SITE:** [www.leaguelineup.com/monroereccheer](http://www.leaguelineup.com/monroereccheer)